

2026 Winter Training Schedule

| TIME | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | | | | | |
|------------------------|--------------|------------|---------|-----------|-----------|--|-----------|------------|------------|-----------|--|--|--|--|--|
| | U13/14/15/16 | | U12 | | U13/14 | | U15/16/18 | | Game day | | | | | | |
| 5:30pm to 6:30pm | | | | BU9 Metro | GU9 Metro | | | | GU10 Metro | BU7 Metro | | | | | |
| | | | | BU15 PL | GU15 CL | | | | BU10 Metro | | | | | | |
| | | | | GU15 PL | BU15 CL 1 | | | | GU11 Metro | | | | | | |
| 6:00pm to 7:00pm | BU11 Metro | | | | | | | | | | | | | | |
| | BU12 PL | BU12 Metro | | | | | GU12 PL | | | | | | | | |
| | BU12 CL | BU12 CL | | | | | GU12 CL | | | | | | | | |
| 7:00pm to 8:00pm | | | | | | | BU11 T1 | GU11 T1 | | | | | | | |
| | | | | | | | BU13 PL | BU13 Metro | | | | | | | |
| | | | | | | | BU13 CL | BU13 CL | | | | | | | |
| 8:00pm to 9:00pm | | | | | | | BU15 CL 2 | | | | | | | | |
| | | | | | | | BU17 CL | | | | | | | | |
| | | | | | | | GU17 CL | | | | | | | | |
| 8:30pm to 9:30pm | | | | GU17 PL | | | | | | | | | | | |
| | | | | BU17 PL | | | | | | | | | | | |
| | | | | BU17 CL | | | | | | | | | | | |

| TIME | SATURDAY | | TIME | SUNDAY | |
|------------------------|------------|------------|--------------------------|------------|-----------|
| 2:00pm to 3:00pm | BU12 PL | BU12 Metro | 8:00am to 9:00am | BU15 Metro | |
| | BU12 CL | BU12 CL | | GU15 CL | |
| | BU8 Metro | | | GU15 Metro | |
| 3:00pm to 4:00pm | BU9 Metro | | 9:00 to 10:00am | GU15 PL | |
| | BU13 PL | BU13 Metro | | GU17 PL | |
| | BU13 CL | BU13 CL | | MICRO | BU7 Metro |
| 4:00pm to 5:00pm | GU7 Metro | GU8 Metro | 10:00am to 11:00am | GU10 Metro | |
| | BU10 Metro | | | | |
| | BU11 Metro | | 11:00am to 12:00pm | GU17 CL | |
| 5:00pm to 6:00pm | BU15 M | GU15 M | | BU8 Metro | |
| | BU15 CL 1 | | | GU11 Metro | |
| | BU15 PL | | 12:00 to 1:00pm | GU7 Metro | GU8 Metro |
| 6:00 to 7:00pm | BU15 CL 2 | | | GU11 T1 | BU11 T1 |
| | GU9 | | | GU12 PL | GU12 CL |
| | BU17 PL | | | | |